



Parent Information Bulletin



17th April 2026

The PIB is our weekly bulletin to keep our families informed of what is happening at our academy. Here are some key things to share for the week...

- **Welcome Back:** As we begin the summer term, we extend a warm welcome back to all our pupils and families.

We hope you enjoyed a restful break and are feeling refreshed for the weeks ahead.

This half term, our collective worship theme is **Creativity**. Throughout the coming weeks, we will invite pupils to explore the many ways we can express ourselves, use our imaginations, and celebrate the unique talents that enrich our school community. Through stories, discussion and reflection, we will consider how creativity can inspire us, support problem-solving, and bring joy to others.

We look forward to seeing this theme flourish across the school, both in the classroom and beyond.

Thank you, as always, for your continued support. We are excited for a happy and successful term.



- **Attendance:** Our overall attendance this week is **93.2%**. This is sadly below our national figure of **95%**, so please do your best to arrive at school on time and remember to notify the office on adminoffice@freemantleschool.co.uk if your child is unwell. Thank you.
- **Southampton Family Trust:** At the end of the PIB are some posters advertising **free, introductory seminars** for parents / carers, and also a new seminar for stepdads from Southampton Family Trust.

Parenting Children with ADHD

Thursday 23rd April

Being a Stepdad

Thursday 30th April

Oppositional Behaviours (including PDA)

Thursday 11th June

Masking & Burnout

Thursday 25th June

Warmest wishes from the Freemantle Team

If you have any comments/feedback about our PIB, please email info@freemantleschool.co.uk or call 02380 227925

Strengthening Families

Book a place on the course by emailing info@sftrust.org.uk

FREE course online via ZOOM

Explore subjects together such as:

- Encouraging positive behaviour
- Communicating when you don't agree
 - Using consequences
 - Setting loving limits
 - Making house rules
 - Building bridges

Learn helpful tips to strengthen your relationship with your child!



Southampton
Family Trust
building relationships



Mums, Dads and Carers participate together with one of their children.

Must be aged 10–14 years

8-week course
starting 5th May 2026

Tuesdays 6:30 – 8:30 PM
via ZOOM

5th, 12th & 19th May;
2nd, 9th, 16th,
23rd & 30th June

Course materials and snacks
will be sent to your home!



Does your
child have
ADHD or
ADHD
traits?

FREE ONLINE SEMINAR
“An Introduction to Parenting
Children with ADHD”

Insights and strategies for families

Thursday 23rd April 2026, 7.30 – 9.00 PM

No booking required!

Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 821 0937 2001

Passcode: 999179

If you prefer, feel free to email us at
info@sftrust.org.uk for the Zoom link.



www.sftrust.org.uk



Scan the QR code for the Zoom link



Southampton
Family Trust
building relationships



**Are you a
stepdad?**

**Would you like to
build a stronger,
more positive
relationship with
your stepchild?**

FREE ONLINE SEMINAR

“Being a stepdad”

(Relevant to stepdads of children of all ages)

Feel more confident in your role as a stepdad

Tips for challenging behaviour

Reduce tension at home

Thursday 30th April 2026, 7.30 – 9.00 PM

No booking required!

Simply join the seminar by scanning the QR
code or use the Zoom details below:

Meeting ID: 893 4590 1237

Passcode: 007201

If you prefer, feel free to email us at
info@sftrust.org.uk for the Zoom link.



www.sftrust.org.uk



Scan the QR code for the Zoom link



Southampton
Family Trust
building relationships



Parenting a
child with
oppositional
behaviours?

FREE ONLINE SEMINAR

**“An Introduction to
Oppositional Behaviours (including
Pathological Demand Avoidance)”**

Insights and strategies for families

Thursday 11th June 2026, 7.30 – 9.00 PM

No booking required!

Simply join the seminar by scanning the QR
code or use the Zoom details below:

Meeting ID: 854 3223 3923

Passcode: 120207

If you prefer, feel free to email us at
info@sftrust.org.uk for the Zoom link.



www.sftrust.org.uk



Scan the QR code for the Zoom link



Southampton
Family Trust
building relationships



Is your child
masking at
school and
crashing at
home?

FREE ONLINE SEMINAR
“Understanding
Masking and Burnout in
Neurodivergent Children”

Insights and strategies for families

Thursday 25th June 2026, 7.30 – 9.00 PM

No booking required!

Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 856 7807 0454
Passcode: 634232

If you prefer, feel free to email us at
info@sftrust.org.uk for the Zoom link.



www.sftrust.org.uk



Scan the QR code for the Zoom link

BE WILDFIRE AWARE

AND HELP PROTECT THE COUNTRYSIDE



PACK A PICNIC
NOT A BBQ



DON'T
START CAMPFIRES



EXTINGUISH
CIGARETTES
FULLY



DON'T
DROP LITTER



**Hampshire
& Isle of Wight**
FIRE & RESCUE SERVICE



IF YOU SEE A FIRE
CALL 999



SCAN ME
OR VISIT
bit.ly/Wildfire-Aware

