



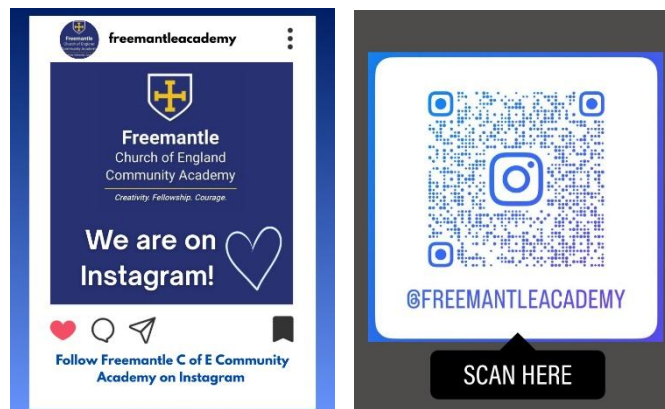
Parent Information Bulletin



6th March 2026

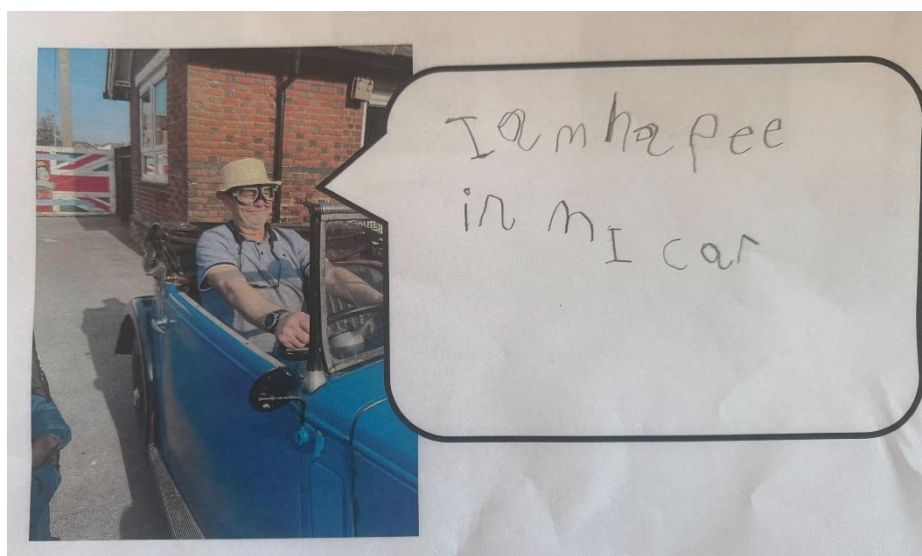
The PIB is our weekly bulletin to keep our families informed of what is happening at our academy. Here are some key things to share for the week...

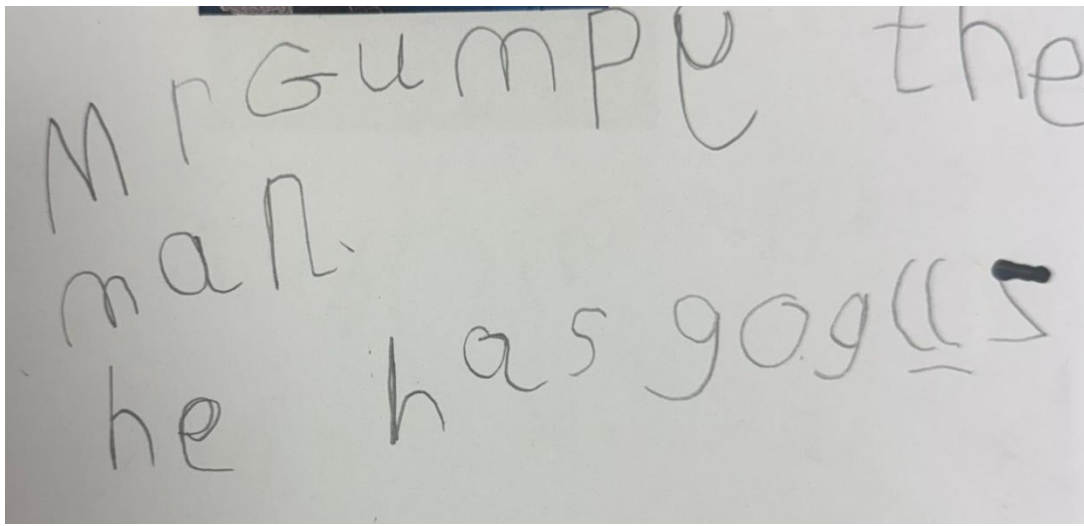
- **Academy Instagram Page:** We are excited to share that our academy now has an official Instagram account! This will be a lovely way for you to see snapshots of life at school—celebrations, classroom moments, special events and all the wonderful learning happening across the Academy. Scan the code below to follow the page.



- **Mr Gumpy's Motor Car:** Year R had a very special visitor this week... **Mr Gumpy!** 🚗 ⚡ He zoomed in driving his motor car to help us celebrate the start of our new topic, *Ticket to Ride* — and what an entrance he made! His incredible car is **90 years old**, has **no windows** and **no boot**... which made for a *very windy trip* to school!

The children loved seeing such a wonderful piece of history up close. What an exciting way to begin our new adventure! This was inspired by their book of the week, *Mr Gumpy's Motor Car*, which you can read here: <https://www.youtube.com/watch?v=9QfEnnWyBac> Look at these examples of wonderful writing the children created in response to this...





- **Story and Rhyme Time for Nursery and Reception:** Thank you so much to all the parents and carers who joined us after school for our 'Story and Rhyme Time Club' this week. It was wonderful to see so many of you taking part—the children absolutely loved having you there, and your enthusiasm made the session feel really special.

Our next Story and Rhyme Time Club for EYFS children and parents will be **next Tuesday**, and we'd love to see you there again for more songs, stories and cosy time together. 🍷📖🎵

- **Missing Big Cat Books:** Parents and Carers, we are still missing many Big Cat phonics books which is negatively impacting pupils reading opportunities. Some of these books are brand new to the academy this year.

If you have any phonics books at home (that your child is not currently reading), please return them to school so other children can enjoy them too. If a book has been accidentally damaged, please let us know so we can find a way to replace or repair it. Thank you.



- **Competition winners:** Thank you to all the children who entered our competition to guess which books staff liked to read when they were children. Did you guess correctly? The answers are at the end of the PIB. A special well done to our two winners Manak (year 6) and Ivy (year 5) who will receive the wonderful book themed prizes pictured below!



- **Eco Competition time:** The Eco Warriors are hard at work sharing the important message that plastic and litter can be harmful to marine life. They will be leading some assemblies and reading stories to children

in early years. They are asking pupils to design a poster to show how litter and plastic can be harmful to marine life. See the end of PIB for competition details

- **Southampton City Art Gallery Free Family Day:** To celebrate Southampton City Art Gallery's reopening after refurbishment, they are pleased to announce a FREE Family Activity – see link for more details: [Let's Celebrate: Free Family Activity Day for the Gallery Reopening - Ticketing](#).

Running from 11am to 4pm, there will be lots of fun activities for families to take part in, including having your face painted as an Impressionist painting, enjoy making cool things inspired by the artwork on display, visit the children's Play Gallery and even enjoy some storytelling in The Perseus Series! **All for FREE!**

- **World Book Day 2026:** Thank you to all of the families who donated money for World Book Day. We loved seeing all of your amazing costumes!

Warmest wishes from the Freemantle Team

If you have any comments/feedback about our PIB, please email info@freemantleschool.co.uk or call 02380 227925

Upcoming dates

- **Saturday 14th March 2026** – SOTSEF at Southampton University
- **Wednesday 18th March 2026** – Parents Evening
- **Thursday 19th March 2026** – Parents Evening
- **Friday 27th March 2026** – Last day of spring term
- **Monday 30th March – Sunday 12th April 2026** – Easter Holidays – Academy Closed
- **Monday 13th April 2026** – First day of summer term

Poster Competition!

The Eco Warriors are inviting children to design a poster that shows how harmful litter and plastic can be to marine life. They will be choosing two winners to receive an eco-themed prize!



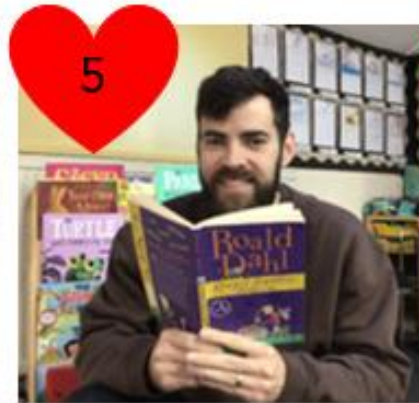
Please hand posters to class teachers or bring to the school library.

Closing date Friday 20th March

Good luck!

Competition Answers

Did you guess who **loved** which book when they were a child?



Thank you to everyone who took part in this competition.
Well done to our two prize winners!



Next Week at Re:Minds 9-13th of March

Please email info@reminds.org.uk to book
a **space** at one of our advice clinics.
Bookings close the day before the clinic

With thanks to:


Hampshire and Isle of Wight


Child and Adolescent Mental Health Services


Shentons
Solicitors

ADHD Advice Clinic

 10am Monday 9th March

About the Clinic

Book a **private, 10 minute virtual appointment** to speak with a clinician about any questions or concerns related to ADHD, pre or post diagnosis.

Appointments will be with
**Laura Nisbet, Lead ADHD
Nurse from CAMHS.**



To book your advice slot, please email:

 info@reminds.org.uk




Shentons
Solicitors



SEND Legal Advice Clinic



 From 12.30pm
Tuesday 10th March

About the Clinic

We are linking with **Shentons Solicitors** to offer **free SEND legal advice clinics** for Re:Minds families. These sessions provide clear guidance and support on issues such as:

- **EHC needs assessments** and how to request one
- **Problems at school related to SEN** (with or without an EHCP), and issues with plan contents or placement
- **Appeals**, including refusals to assess, refusals to issue a plan, and preparing for Tribunal and gathering evidence of need
- **Issues with provision in an EHCP**, including non-delivery or placement breakdown
- **Annual reviews, statutory timescales, and LA compliance**
- **Health and social care needs** linked to EHCPs
- **Disability discrimination in education**
- **Rights of young people aged 16+** (with capacity) regarding their EHCP

To book your 30 minute advice slot, please email:

 info@reminds.org.uk

Autism Advice Clinic

 10:30am, Tuesday 10th March

About the Clinic

Book a **private, 10 minute virtual appointment** to speak with a clinician about any questions or concerns related to autism, pre or post diagnosis.

The clinic is lead by clinicians
from the **Southampton
Autism Assessment Service.**



To book your advice slot, please email:

 info@reminds.org.uk





Emotionally-Based School Avoidance Virtual Workshop



6.30pm Monday 16th March

About the Workshop

We will cover:

- What's really going on beneath school anxiety and avoidance
- How school anxiety presents across different ages and needs
- Small, practical steps that can make everyday school life easier
- Support, shared understanding, and where to go next
- Your legal rights and what schools can do to help

Share understanding, learn practical strategies, and take away helpful resources in a supportive space. There will be time to talk with other parents and carers who are going through the same thing and receive support from our team.

To book onto the workshop, please email:



info@reminds.org.uk