



6th February 2026

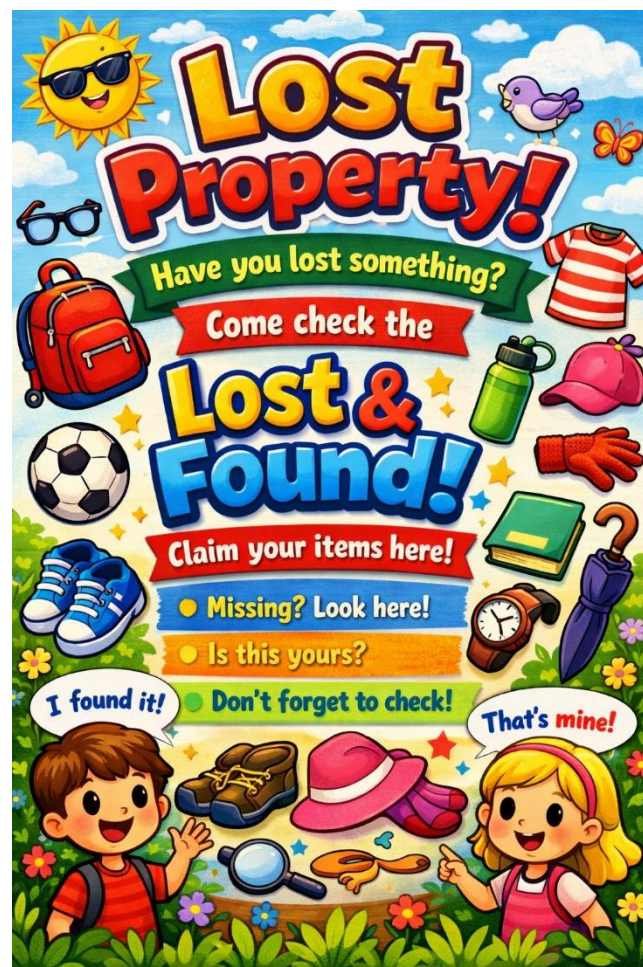
The PIB is our weekly bulletin to keep our families informed of what is happening at our academy. Here are some key things to share for the week...

- **Children's Mental Health Week 2026:** Next week is children's mental health week and this year's theme for the week is 'This is my place'. During the week we will be talking about belonging and the special things that we do at Freemantle to make sure that everyone feels that they belong.

Our Mental Health Champions will be running drop-in sessions at lunch times, and on Friday 13th we will be having a 'Come as yourself' dress down day. There is no payment required for dress down, however if you would like to make a donation our Mental Health champions will use any money raised to buy Mental Health books/resources for all the children to use.



- **Lost property:** We have a large amount of lost property at the front office. Please can you collect it before the end of the half term. All remaining clothing will be added to the preloved uniform collection or placed in the used clothing bin. Thank you.



- **Safer Internet Day:** Safer Internet Day is a national awareness event happening next week that we are supporting here at Freemantle. It is a time to shine a spotlight on internet safety, being responsible when sharing information, and knowing when to ask for help or if something does not feel right.

Safer internet day gives us a time to reflect on how the children use technology, and how we can best support them to be happy and safe in an increasing complicated digital world.

Although we regularly focus on staying safe online during computing and PSHE lessons, we will be exploring these key ideas next week:

EYFS – Who you should talk to if you need help using technology.

Year 1 - How we can use technology, how we can overuse technology, and how to communicate safely online.

Years 2 and 3 – How to stay safe when watching videos, sharing pictures, and online gaming.

Years 4 and 5 – What is social media, how and when to block people, and online bullying.

Year 6 – What information is safe to share online and who we should be communicating with.

How to support our children at home...

Supporting your children on the internet can sometimes be overwhelming or worrying. As a school, we want to make it clear that you are not alone and we are here to support you.

Here are some tips and useful resources that you could use when supporting your child:

Tips-

- **Talk regularly** about what your child does online and who they talk to.
- **Keep devices in shared spaces** where possible.
- **Use parental controls** on devices, apps, and games to manage content and screen time.
- **Remind children** never to share personal information (full name, address, school, or photos).
- **Encourage children to speak up** if something online worries or upsets them.

Useful resources-

- **UK Safer Internet Centre** – Parent guides and advice by age
<https://saferinternet.org.uk>
- **NSPCC / Net Aware** – Reviews of apps, games, and social media
<https://www.net-aware.org.uk>
- **Internet Matters** – How to set parental controls on devices
<https://www.internetmatters.org>

If you have any questions or concerns about online safety, please remember that the school is here to support you. Working together, we can help our children stay safe and confident online. Best wishes, Mr Everett – Computing lead

- **SCC Activities for half term:** As the February Half-Term is fast approaching, Southampton City Council are pleased to announce that we have a wide range of activities for children and their families to keep everyone entertained!

They have planned programme of history and art workshops that cover everything from fun family walking tours to hands on workshops and all-day wrap around care. Workshops are engaging, accessible and designed to promote family learning. They also have the return of Brickstravaganza at SeaCity on 14th and 15th February.

More details, including how to book, can be found on the attached flyer and here [February 2026 Half-Term Activities](#).

Warmest wishes from the Freemantle Team

If you have any comments/feedback about our PIB, please email info@freemantleschool.co.uk or call 02380 227925

Upcoming dates

- **Friday 13th February 2026** – Last day of the half term
- **February 16th – Sunday 22nd February 2026** – Spring half Term Break – Academy closed
- **Monday 23rd February 2026** – First Day of Spring 2
- **Wednesday 18th March 2026** – Parents Evening
- **Thursday 19th March 2026** – Parents Evening
- **Friday 27th March 2026** – Last day of spring term
- **Monday 30th March – Sunday 12th April 2026** – Easter Holidays – Academy Closed
- **Monday 13th April 2026** – First day of summer term

FEBRUARY HALF TERM

Hands on History:
Castles and Catapults (6+)
Mon 16 Feb | 10.30am, 1pm |
Tudor House | £8

Art for All: Introducing Acrylics -
Winter Scenes (8+)
Mon 16 Feb | 10.30am, 12.30pm
or 2.30pm | Art Gallery | £8

Tour for All: Saxons, Vikings and
Normans Walking Tour
Tue 17 Feb | 11am |
Tudor House | £10
(accompanying children FREE)

Art for All: Minecraft Mosaic
Worlds (7+)
Tue 17 Feb | 10.30am, 12.30pm or
2.30pm | Art Gallery | £8

Art for All: Great Fire of London
Clay Scenes (5+)
Wed 18 Feb | 10.30am, 1pm |
Tudor House | £8

Art for All: Bluey Inspired Pen
Pots (3+)
Wed 18 Feb | 10.30am, 12.30pm
or 2.30pm | Art Gallery | £8

Art for All: K Pop Demon
Hunters Clay Sculpture (6+)
Thu 19 Feb | 10.30am, 12.30pm
or 2.30pm | Art Gallery | £8

NEW FOR 2025

Toddler Time: Characterful
Dogs! (under 4s and friends)
Thu 19 Feb | 10.30am |
SeaCity | £6

Hands on History: Awesome
Egyptians (7+)
Fri 20 Feb | 10.30am, 1pm |
SeaCity | £8

Junior Art School: Go Wild with
Wool (7 - 13 years)

 Drop off your young people

Fri 20 Feb | 10.30am - 3.30pm |
Art Gallery | £26

CULTURE CLUB FOR KIDS ACTIVITY DAYS

(Age 6½ - 12 years)

 Drop off your young people

Three days per week | 9am-4pm
(drop off from 8.45)

SeaCity | £35 per day
or £90 for all three days

Get creative, explore our
collections and learn new
stuff while making really
cool things at our themed
activity days.

Cruise Adventures
Mon 16, Tues 17, Wed 18 Feb



See venue websites for further details on events and to book
seacitymuseum.co.uk | tudorhouseandgarden.com | southamptoncityartgallery.com

