



Parent Information Bulletin



7th November 2025

The PIB is our weekly bulletin to keep our families informed of what is happening at our academy. Here are some key things to share for the week...

- **Healthy snacks at break time:** We see ourselves as a Healthy School. Many children bring snacks to eat at break time. Please remember that snacks at break time should be healthy. Here are some examples.

Snacks welcomed in school



Paper sandwich bags or plastic pots are good for the environment and mean you can buy snacks in bulk to save money

Please leave these at home



<https://www.nhs.uk/healthier-families/food-facts/healthier-snacks/>

https://www.bbc.co.uk/food/articles/school_lunch_and_snack_ideas

- **Freemantle Harvest Festival: A BIG HARVEST**
THANK YOU: Thank you to everyone who contributed to the Harvest Collection.

Southampton City Mission were so grateful and have ensured that all your kind donations are being distributed to those in need through the Basics Banks that they serve.



- **Supporting online safety at home:** We will be running some online parental workshops on internet safety over the coming year and we hope that you will find time to attend.

In the meantime, here are some ways to support internet safety at home from the NSPCC.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

Starting family conversations about online safety



Online safety quiz

Does your child know how to stay safe online? Here's a family quiz you can take together.

[Take the quiz](#)



Talking to your child about online safety

Advice on how to talk to your child about staying safe.

[Learn more](#)



Age-appropriate support for children using technology

Read our helpful tips to help you decide what is right for your child when it comes to tech ownership and usage.

[Learn more](#)

- **Freemantle's Strictly Star:** Leo in Year 4 competed in the Blackpool Winter Gardens National Championships over the half term. Him and his dance partner came 2nd in their ballroom dance of the waltz and 3rd in their cha cha cha. A huge congratulations to Leo and his achievements. Leo has told us that he was happy with all his hard work and pleased with his trophies! We are so proud of him!



- **Freemantle's 10 by 10 Fundraising:** Thank you to everyone for supporting our fundraising before half term. The children enjoyed being in non-uniform for the day and we raised £274. This will go towards activities later in the year including visits to the New Forest for many year groups.

Warmest wishes from the Freemantle Team

If you have any comments/feedback about our PIB, please email info@freemantleschool.co.uk or call 02380 227925

Upcoming dates

- **Wednesday 26th November 2025** – Parents Evening
- **Thursday 27th November 2025** – Parents Evening
- **Thursday 27th November 2025** – Year R open day for prospective parents
- **Friday 28th November 2025** – INSET Day. Academy closed to children
- **Friday 19th December 2025** – Last day of term before the Christmas break