



24th October 2025

The PIB is our weekly bulletin to keep our families informed of what is happening at our academy. Here are some key things to share for the week...

- **NSPCC Talk Pants:**



After half term - as part of our PSHE and Relationships and Sex Education we will be revisiting Pantosaurus with our Year R/1/2/3 children: Since 2013, Pantosaurus has helped **over six million parents** to Talk PANTS and help keep children safe from sexual abuse. Developed with children, parents, carers and teachers, Talk PANTS is here to help children understand that their body belongs to them, and they should tell a safe adult they trust if anything makes them feel upset or worried. Talk PANTS is here to help children understand that they have a right to say no and if they need to speak out about something, someone will listen.

We know that a simple conversation can make a BIG difference, and that's what Talk PANTS is all about. To help you get the conversation started, the NSPCC will send you helpful tips, advice and materials by email if you sign up (Webpage address below).

What are the PANTS rules?
Talking to children about their body

Privates are private	+
Always remember your body belongs to you	+
No means no	+
Talk about secrets that upset you	+
Speak up, someone can help	+

https://www.nspcc.org.uk/advice-for-families/pants-underwear-rule/?gclid=EA1aIQobChMI6YqNlb68kAMVt5WDBx18Yyh1EAAYASAAEgJqCPD_BwE

- **Freemantle Harvest Festival: Thursday 6th November**



We are excited to welcome Southampton City Mission to Freemantle on Thursday 6th November at 2:30 for our annual Harvest Festival.

If you would like to contribute to the Basics Bank collection that the City Mission Team will take away **after the service**, then please send in tins, packets, dried foods etc on Thursday 5th November only. **Please do not send in fresh/perishable food as this cannot be distributed.**

Thank you in advance for your contributions.

<https://southamptoncitymission.co.uk/basics-banks>

- **Lunchtime Bingo November 2025:** Are you having a half term clear out of toys and other items from home?

We are running another Lunchtime Bingo to support the development of our play at lunchtimes. If your child brings in any of the wanted equipment they could have the wonderful experience of winning a Sports Afternoon with our amazing Sports Coach Danny.

Bring your donations in up until Friday November 6th. Please see the Bingo Sheet at the end of the PIB. Thank you for your support.

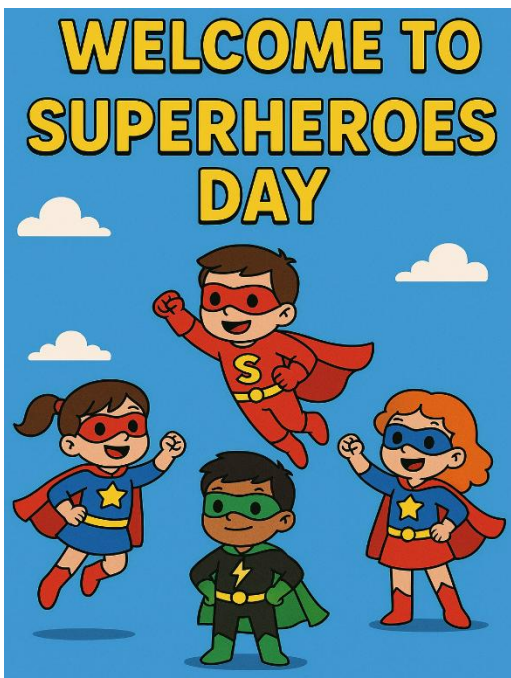
Toy Cars 10 points 	Car Mats and Garages 10 points
Dinosaur, Zoo and Farm animals 10 Points 	Dolls House Furniture 10 points
Lego and Duplo 10 points 	Board Games 10 points
Books 10 points 	Den building materials 10 points

- **Year 1's Superhero Day:** This week, Year 1 were bursting with excitement as pupils took part in **Superhero Day** — a fun-filled event designed to inspire teamwork and problem-solving skills.

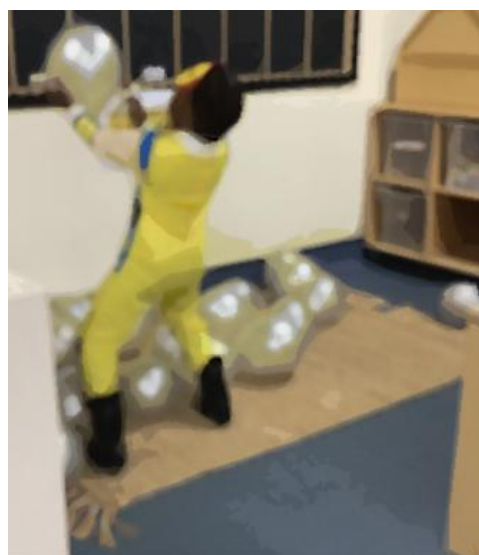
Children arrived dressed as their favourite superheroes, ready to take on a day of heroic challenges and imaginative adventures. Throughout the day, pupils participated in a range of exciting themed activities, including:

- **Rescue the Frozen Superheroes** – where children used problem-solving and teamwork to free superheroes trapped in ice!
- **Superhero Challenge Race** – testing speed, agility, and cooperation as they raced through obstacle courses.
- **Superhero Academy** – developing real-life “super skills” such as teamwork, communication, and resilience.
- **Clean Up Mouseopolis** – a city for mice covered in cheese! Pupils worked together to tidy it up and restore order.
- **Hunt Down the Cheese Thieves** – pupils searched and found 4 different villains and even sent them to “jail” once caught!
- **Villain Target Practice** – pupils tested their aim and precision to knock down the targets!

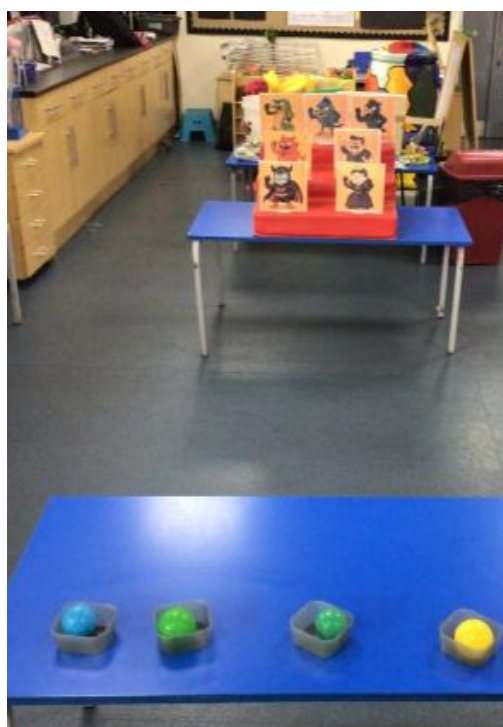




At the end of the day, every child received a special “You Have Completed Superhero Day” certificate to celebrate their achievements.



It was wonderful to see so many smiles, super teamwork and superpowers in action!



- **Attendance League:** Congratulations to the Hedgehog class who have won our attendance league this half term! The children have earned themselves reward time next half term and have won a packet of football cards each. Good luck to all classes for next half term as there will be more prizes on offer for the new winners. Help us to make every moment count by supporting your child with maintaining good attendance! Thank you 😊

Warmest wishes from the Freemantle Team

If you have any comments/feedback about our PIB, please email info@freemantleschool.co.uk or call 02380 227925

Upcoming dates

- **Monday 27th October until Friday 31st October 2025** – Half Term. Academy Closed
- **Wednesday 26th November 2025** – Parents Evening
- **Thursday 27th November 2025** – Parents Evening
- **Thursday 27th November 2025** – Year R open day for prospective parents
- **Friday 28th November 2025** – INSET Day. Academy closed to children
- **Friday 19th December 2025** – Last day of term before the Christmas break

After Half Term at Re:Minds... 3rd - 7th November 2025

SEND Legal Advice Clinic

**Wednesday 5th November
12.30pm**

We are linking with Shentons Solicitors to offer free SEND legal advice clinics to our Re:Minds families who require advice around education, tribunals, appeals etc.

**Please email info@reminds.org.uk
to book a slot,
or follow the link on the event**





Shirley Support Group Friday 7th November 10am

**Join us for a friendly cuppa with others
who truly 'get it'**

Meet fellow parents/carers, chat about the ups & downs of neurodiversity and mental health in our children, share experiences, pick up top tips and get support & advice from the Re:Minds team

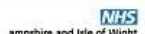
**No need to book, just drop in! There's no cost to
attend and you'll be warmly welcomed!**

You can also access the book & sensory library while you're here

This is an adults only group unless otherwise stated

Find us at:
**St James Road Methodist Church, SO15 5HE
Upstairs in Room 7**

Access is from the rear of the church via the car park
Please let us know if you need to use the lift

Please email info@reminds.org.uk to book your space at the clinic.
You do not need to book to attend support groups - just come along!



with thanks to 



LUNCHTIME RESOURCES BINGO

November special

Can your child's class be the first class to complete their Lunchtime Resources Bingo Sheet?
For each item your class collects you will receive the number of points indicated!

The class with the highest score by Friday 6th November will win a class reward – a Sports Afternoon with Danny.

Toy Cars 10 points



Car Mats and Garages 10 points



Dinosaur, Zoo and Farm animals 10 Points



Dolls House Furniture 10 points



Lego and Duplo 10 points



Board Games 10 points



Books 10 points



Den building materials 10 Points

