



Parent Information Bulletin



10th October 2025

The PIB is our weekly bulletin to keep our families informed of what is happening at our academy. Here are some key things to share for the week...

- **Coats and uniform:** As the weather is now turning colder, please make sure your child brings a warm coat to school each day. We go outside in most weathers for playtime and outdoor learning, so it is important that all children are suitably dressed.

We would also like to remind families that children should come to school in full school uniform. Wearing the correct uniform helps pupils feel part of our school community and ready for learning. If you are unsure of anything, please pop to the school office where our admin team will be happy to help. Thank you for your continued support.

- **Playground equipment:** A gentle reminder that children should not use the play equipment before or after school. As staff are not on duty during these times, we are unable to ensure that the equipment is being used safely and appropriately. Thank you for your understanding and support in keeping everyone safe.
- **Christ Church Freemantle Event:** Our church is holding a Christmas craft fayre on Saturday 29th November. If you are interested in hosting a table at the event, please see the flyer at the end of the PIB.

- **Stoptober:** Make sure you're ready to start your stop smoking journey this Stoptober. With the right support, you have a much better chance of quitting for good. Southampton Smokefree Solutions offer free, expert support via their Quitline to help people who smoke set a quit date and successfully quit smoking.

Call Quitline today on **0800 999 1485** to find out how you can start your journey. For more information, [visit our stop smoking web page](#).



- **Half term Soccer Schools:** At different venues across Hampshire, Southampton FC welcome boys and girls aged 5-13 to come along to learn, train and play. At Soccer Schools, they will:



- Receive FA accredited coaching
- Be added to our Saints Player Progression Pathway
- Take part in matches and mini tournaments
- Get the chance to win signed merchandise
- Have an experience geared towards fun and excitement

Find our more and [book online here](#).

Warmest wishes from the Freemantle Team

If you have any comments/feedback about our PIB, please email info@freemantleschool.co.uk or call 02380 227925

Upcoming dates

- Friday 10th October – Non-uniform day £1 fundraising event
- Thursday 16th October 2025 – Year R open day for prospective parents
- Monday 27th October until Friday 31st October 2025 – Half Term. Academy Closed
- Wednesday 26th November 2025 – Parents Evening
- Thursday 27th November 2025 – Parents Evening
- Thursday 27th November 2025 – Year R open day for prospective parents
- Friday 28th November 2025 – INSET Day. Academy closed to children
- Friday 19th December 2025 – Last day of term before the Christmas break



Next week at Re:Minds... 13th - 17th October 2025

ADHD Advice Clinic

Monday 13th October 10am

Book a private 10 minute, virtual Zoom appointment to speak with a clinician about any issues related to ADHD

Appointments will be with
Laura Nisbet, Lead ADHD Nurse
from CAMHS

Email info@reminds.org.uk
to book



New Support Group Weston

10am Monday 13th October

Meet other parents and carers who truly understand what it's like. Share experiences, talk about the ups and downs of neurodiversity and mental health, and pick up advice, information, and support – all over a friendly cuppa.

No booking needed and no cost to attend – Just drop in – you'll be warmly welcomed

**The Hope Centre,
Drayton Close, Weston, SO19 9JN**
Onsite parking available and fully accessible.

The Bluestar 17/117 bus stops right outside from Southampton city centre through Woolston, Shirley, and General Hospital.



16-25 Mental Health Collective

Supporting young people with their transition to adulthood

A brand new service for Southampton parents/carers of young people aged 16-25 with mental health needs

Advice & Support on all aspects of transitions

• leaving school	• finding a job
• starting college	• finance
• higher education	• health
• leaving care	• financial
• housing	• mental capacity
• benefits	• substance
• social care	• adult mental health
• living	• sexuality and gender
• independently	

Kerstin from Re:Minds is offering:

- Peer support
- Information
- Advice
- Advocacy
- Refs to other services

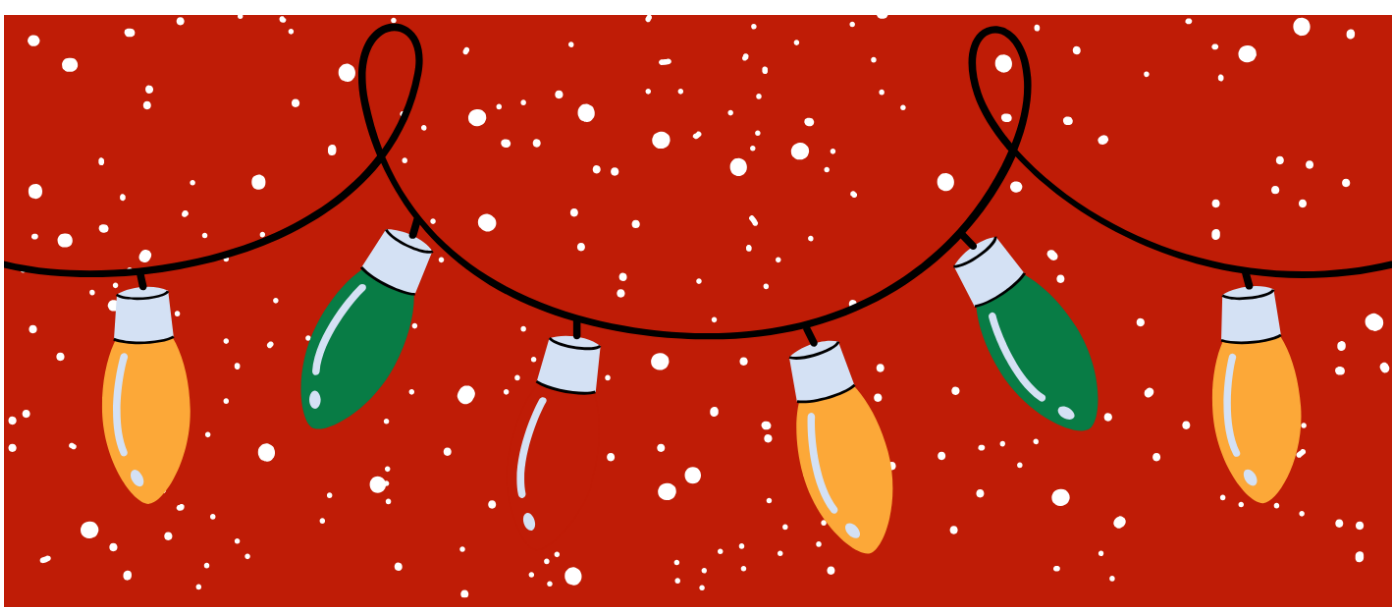


Kerstin from our 16-25 service will be at each group to offer her support and guidance for anyone who is looking after a young person who is in or approaching this age group!



Please email info@reminds.org.uk to book your space at the clinic
No need to book to attend the support group - just drop in!

**NHS
Solent**
with thanks to NHS Trust



Christmas Craft Fayre

SATURDAY 29TH NOVEMBER
11AM-2PM

£5 per table

All monies raised go to Southampton and
Winchester Visitors Group.

Please contact rectorpa.ccfm@gmail.com
to book

CHRIST CHURCH FREEMANTLE
WITH MILLBROOK

Waterloo Road, SO15 3BS