

Nursery Medium Term Plan Autumn 1 2025

Marvellou s Me!



Autumn 1 – ‘Marvellous Me’

Across this term our broad, overarching theme is ‘Marvellous Me’. We will be sharing lots of lovely picture books: exploring the illustrations, enjoying rhythm and rhyme and learning new vocabulary. As well as planned activities, we will also be following the children’s own interests and lines of enquiry. We will be sharing your child’s learning journey with you both in person and on-line through Tapestry.

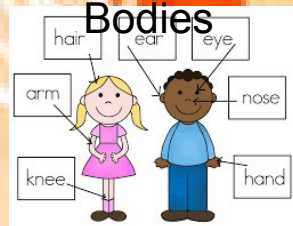
Themes which will be planned weekly following the children’s needs and interests

Me and my



mum
dad
brother
sister

Brilliant
Bodies



head
knees
tummy
eyes
face
toes

Health Me



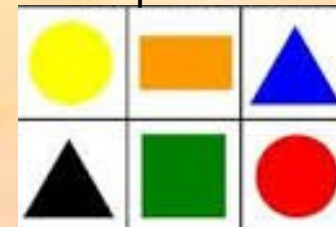
healthy
eating
calm
exercise
happy
mind

Exploring
Feelings



happy
sad
worried
angry

Colours, shapes
and patterns



round
circle
triangle
square
rectangle
red
blue
yellow

Autumn

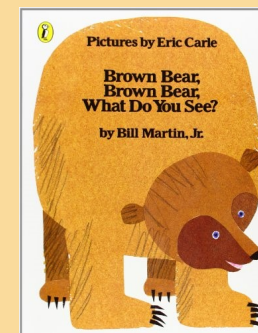
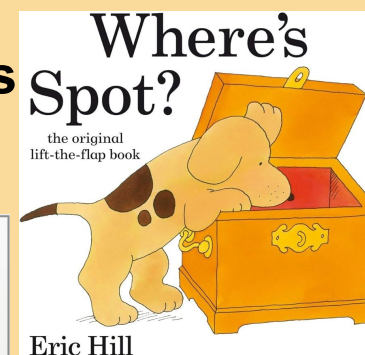
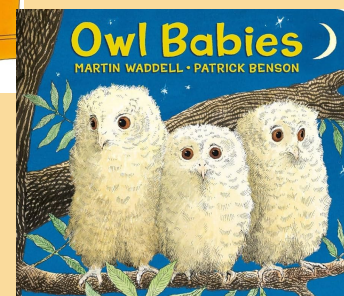


leaves
change
colour
crunchy
cold
season

Books to help explore these
themes



Core Books



Communication and Language

Key knowledge

Listen to and following simple instructions

Understand simple who, what and where questions

Skills

Follow Nursery routines

Listen to and engage with simple stories

Use simple questions

Communicate with familiar adults and peers

Build up vocabulary based on the breadth of their experiences

Vocabulary

sit	listen	look
who	what	where

Key Questions

- Who is this?
- Who is in your family?
- Where would you like to play?
- What would you like to do?
- What are we doing next in Nursery?



Phase 1 Phonics

Key knowledge

Use active listening skills of good sitting, good looking and good listening

Skills

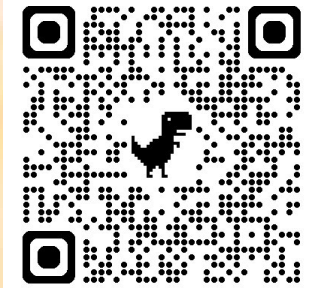
- Distinguish between different environmental sounds e.g. a car, a bird
- Explore making different sounds with our bodies e.g. clapping, stamping, tapping
- Join in with simple songs and rhymes

Songs and rhymes

- Tommy thumb
- If you're happy and you know it
- Head shoulders knees and toes
- Wind the bobbin' up
- Humpty dumpty

Key Questions

- What can you hear?
- What is that noise?
- Can you make a quiet sound?
- Can you make a loud sound?



Personal, Social and Emotional Development

Key knowledge

- Feel settled and confident in Nursery
- Build positive relationships with adults and children within the setting
- Identify and name different emotions

Skills

- Understand the nursery routine
- Play alongside and with other children
- Talk about how they are feeling
- Talk about their likes and dislikes, similarities and differences
- Manage basic hygiene such as washing their hands and blowing their nose

Vocabulary

friend	play	share
like	favourite	turn

Key Questions

- What makes me special?
- What do you like/dislike?
- Who would you like to play with?
- What is my name?
- What is his/her name?
- How are you feeling?

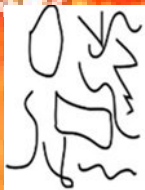


Physical Development

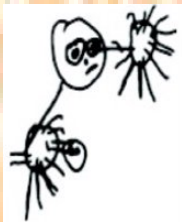
Fine motor Skills

- Place pegs into a board
- Make simple marks using crayons, paints etc.
- Develop a comfortable pencil grip
- Manipulate malleable materials such as play dough

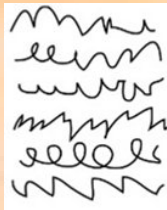
Mark making progression in Nursery



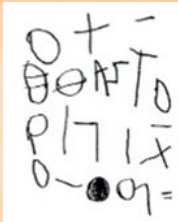
Complete random scribbling



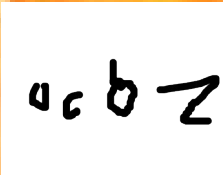
Draw pictures to represent an idea.



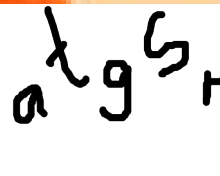
Complete drawings which mimics writing



Use symbols which represent letters



Makes marks to represent name



Form random letters with no meaning.



Represent initial sounds in a familiar word.



Vocabulary

jump	fast/slow	marks
hop	climb	balance

Key Questions

- Can you copy me?
- Can you jump, run, hop etc.
- Can you climb up, down, through?
- Who can make a sausage/ball/pancake etc.
- Can you tell me about your picture?

Gross motor Skills

- Using the bikes and scooters to peddle, balance and scoot
- Climb up steps and climbing equipment
- Develop large muscle movements using streamers, brooms, flags, rakes etc.
- Skip, hop and stand on one leg



Characteristics of effective learning

Playing and exploring

Responding to new experiences

Guiding their own thinking and actions

Make independent choices



Special events:

Meeting Cyril the squirrel (who will come home with a child each week)
Autumn walk in the school grounds



Library time

As well as enjoying lots of stories and book sharing in Nursery, the children also have the opportunity to visit the school library once a week and bring a book home to share with their families.

We also have a small book swap outside of the nursery which all families are encouraged to take/swap books from regularly. Parents can also donate any children's books they no longer want to the book swap.

In addition to this we encourage families to join their local library.